# MINNESOTA STATE HOCKEY CAMPS

HOCKEY DEVELOPMENT TRAINING

## 2017 SUMMER HOCKEY

MITE - MINI MITE
SKILL
DEVELOPMENT
PROGRAM



## 12 Days over 3 Weeks

June 12-15 July 10-13

July 24—27 5:30—6:30 P.M.

Monday—Thursday

#### CAMP PHILOSOPHY:

Maverick Camps staff will focus on the development of each individual player. A majority of our time will be spent on individual skill instruction while on the ice. While keeping each session fun we will challenge each skater to improve each day through hard work and attention to detail. We look forward to working with each of you and helping you to take the next step on the ice.

#### WHAT WILL BE COVERED IN SESSIONS?

- Skating Technique
  - Balance
  - Skating Agility
    - Quickness
- Puckhandling Skill
  - Passing Skills
  - Shooting Skills
- Small Area Games

We will focus on teaching proper technique for each of the above skills and then work to help each skater improve through instructed repetition and practice of each skill.

#### SCHEDULE:

July 10 - 13 - 5:30 - 6:30 P.M. July 10 - 13 - 5:30 - 6:30 P.M. July 24 - 27 - 5:30 - 6:30 P.M.



#### **ENROLLMENT AND FEES**

Applications will be taken on a first come, first served basis.

Numbers in each group will be limited.

Cost: On Ice Sessions - \$160.00

A deposit of 50% must accompany all registrations. The balance is due by check-in on the first day of camp. Cancellation will be accepted because of Medical reasons only and must be accompanied by a letter from a Doctor.

Medical Insurance: Each registrant must be covered by their own accident and medical insurance. You will be required to show proof before being able to skate.

#### **CAMP STAFF**

Skaters will receive individualized instruction from members of the Minnesota State University staff, and area High School Coaches. Current college players will serve as counselors and on ice demonstrators.

#### It's Easy to Register...

## Online Registration: www.msumavericks.com

click on "men's hockey" and find "camps" tab at top of page

### Contact Darren at

darren.blue@mnsu.edu to get registration form if you are unable to sign up online.

A member of the Minnesota State system and an Affirmative Action/Equal Opportunity University.

This document is available in alternative format to individuals with disabilities by calling the Office of Intercollegiate Athletics at 507-389-6111 (V), 800-627-3529 or 711 (MRS/TTY).

ATHL381BR 02/17